

M.S. HOSPITAL & RESEARCH CENTER

PRACTICAL INDEX

Course: B.P.T. 2nd Semester

Subject Code: BPT-106, Subject: HUMAN ANATOMY II

SL NO.	Demonstration Date	Name of Practical	Date of Return Demonstration	Signature of Demonstrator	Remark
1.		Demonstration of structure of bone of Lower Extremity A) Femur B) Tibia C)Fibula DJ Patella E) Tarsals F) Metatarsals G) Phalanges			
2.		demonstration of Trunk and Pelvis with major joints of lower limb			
3.		Determination of side determination of bones of lower extremity.			
4.		Determination of surface anatomy of lower extremity ,trunk and pelvis			
5.		Demonstration of bones of Head and Neck including Neuroanatomy			

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Course: B.P.T. 2nd Semester

Subject Code: BPT-107, Subject: HUMAN PHYSIOLOGY II

SL NO.	Demonstration Date	Name of Practical	Date of Return Demonstration	Signature of Demonstrator	Remark
1.		Spirometry			
2.		Artificial Respiration			
3.		E.C.G.			
4.		Perimetry			
5.		Ergometry			

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Course: B.P.T. 2nd Semester

Subject Code: BPT-109, Subject: YOGA: Basic Theory, Science and Techniques

SL NO.	Demonstration Date	Name of Practical	Date of Return Demonstration	Signature of Demonstrator	Remark
1.		Surya namaskar			
2.		YOGA ASANAS STANDING POSTURES (i) Tadasana (ii) Trikonasana PRONE POSITIONS (i) Bhujangasana (ii) Naukasana SUPINE POSTURES (i) Setu bandhasana (ii) Matsyasana SITTING POSTURES (i) Parvatasana (ii) Shashankasana MEDITATIVE POSTURES (i) siddhasana (ii) Padmasana			
3.		Yogic kriyas			
4.		Pranayamas (A) Kapalabhati (B) Bhastrika (C) Anuloma-viloma			
5.		Relaxation Techniques (A) Shavasana (B) yoga nidra			
6.		Meditation techniques-effect of meditation on chakras, method of meditation techniques.			

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Course: B.P.T. 2nd Semester

Subject Code: BPT-108, Subject: BIOMACHENICS & KINESIOLOGY I

SL NO.	Demonstration Date	Name of Practical	Date of Return Demonstration	Signature of Demonstrator	Remark
1.		To demonstrate Axis & Plane in the human body in relation with Joint movement.			
2.		To demonstrate Lever System in the human body.			
3.		To demonstrate Human Spring System in the human body.			
4.		To demonstrate Anatomical Pulley in the human body.			
5.		To demonstrate Active & insufficiency in the human body. Passive Muscle			
6.		To Demonstrate concave-convex rule in various joints			
7.		To Demonstrate time-rate dependent properties of tissues			